



Bruce Trail
CONSERVANCY
IROQUOIA CLUB

Fall 2025

"Preserving a ribbon of wilderness, for everyone, forever."

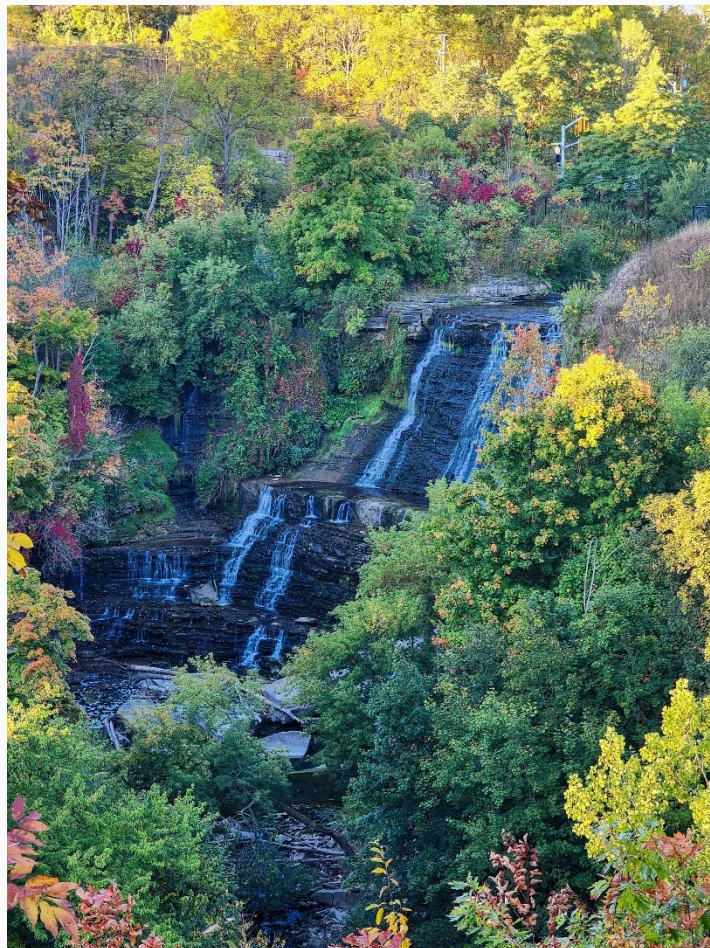


Image: Kathrin König, Albion Falls

Welcome to the fall edition of the Iroquoia Bruce Trail Club Newsletter!

Fall started with a flurry of activities for your Iroquoia BTC, and it is just the beginning! This is a season that offers so much beauty along the trail. The changing leaves have turned the escarpment into a painter's palette. And, although the temperatures don't make it feel as though fall has truly arrived, the days are starting to get shorter. This is the time to plan ahead, pack that headlamp or flashlight and extra batteries when hitting the trail.

Here's what you'll find in this edition of our newsletter:

- [Bruce Trail Day 2025](#) - A day of celebrating the Connections on the Trail
- [Iroquoia End-to-End in 4](#) - Earning the new Hooded Warbler Badge
- [Steeltown Stomp](#) - Climb up, climb down, repeat
- [Putting Empties to Good Use](#) - One person's quest for empties in support of Land Acquisition
- [Happy Hikers Reward Volunteers](#) - A volunteer's personal account
- [Hikes, Events and more!](#) - There are so many fun ways to join us on the trail
- [Bruce Trail Conservancy Annual General Meeting](#) - Information on this year's virtual AGM
- [New Merchandise Alert](#) - Hit the trail in style with one of our new t-shirts
- [Crawford Lake at a Discount](#) - What your Bruce Trail Membership can do for you!

Happy trails!

The Iroquoia Bruce Trail Club

It's recommended to [View this email in your browser](#)

Bruce Trail Day 2025

There is nothing more exciting than meeting others who share a love for the Bruce Trail. This year's, on Bruce Trail Day, we celebrated Connections on the Trail. No sooner were we set up at City View Park in Burlington, than the first people started to arrive. The day was filled with stories, learning about people's personal connection to the Bruce Trail, painting blazes, and going on hikes.

There were opportunities to learn about iNaturalist and Merlin, exploring the natural geology of the area, and heading along the friendship trail to see the Great Falls at Smokey Hollow, all while spending time in nature with family and friends. There were hikes geared for those wishing to go on a longer adventure and those traveling with younger hikers. We also had our very first Bruce Trail Day trail run this year! A Bruce Trail Reference Guide giveaway, thanks to the generous donation by the Greenbelt Foundation, added excitement to the day.

Thank you to everyone who came out, joined a hike, stopped by to say hi or learn more about the Bruce Trail. And thank you to all our volunteers who helped make this day of celebration a huge success. We hope to see you at next year's Bruce Trail Day!



Iroquoia End-to-End in 4

The Iroquoia End-to-End in 4 is not everyone's cup of tea but, the promise of 30+ km days did not deter over 40 hikers from tackling the 122 km section over the last two weekends of September. The weather was a bit cooler than last year, a small source of comfort to hikers who spent 4 long days climbing up the escarpment. Finishers were rewarded with the new Hooded Warbler badge, which can only be earned during the annual Club organized End-to-End. Missed your opportunity this year? Don't fret, there's always next year!

A great big thank you goes to all the volunteers who played a part in making this event so successful! We appreciate you!



Steeltown Stomp 2025

After last year's participants were met with nonstop rain, we were blessed with blue skies and sunshine for this year's 10th Annual Steeltown Stomp! Close to 200 participants took on the 6 sets of escarpment stairs totaling about 2,000 stair steps while hiking over 20 kms along the Bruce Trail, Chedoke Radial Trail, and the Escarpment Rail Trail. They were greeted by smiling faces, snacks, and pizza at the finish. And of course, the Steeltown Stomp badge.

Events such as the Steeltown Stomp, and our End-to-End, cannot happen without our volunteers. Thank you to all the incredible volunteers who helped make this event happen. From putting up the yellow blazes, making sure the trail was in good condition, to setting up the tents and volunteering on the day of the event. Of course, no event is successful without participants. Thank you to all of you who participated and helped raise funds through this event. See you on the stairs next year!



Putting Empties to Good Use



Teri has been collecting alcohol empties in Burlington for a number of years, donating all the money to supporting the Bruce Trail Conservancy in its mission of "Preserving a ribbon of wilderness, for everyone, forever." See Teri's letter below:

"Hello,

I live in Burlington and collect beer/alcohol empties (tins/plastic/bags/bottles) and donate all the monies to The Bruce Trail Conservancy - to support Land Acquisitions.

The empties help to ensure future generations will be able to enjoy The Bruce Trail.

If you are interested in supporting me and my cause. I'd appreciate you texting/calling me to arrange pick up, and placing your container(s) of empties by your garage/house.

Thank you for considering supporting this important cause!

*Regards,
Teri Russell-Hill
Cell: 289-259-1189 "*

[Email Teri](#)

Advertisement

Use code **IROQUOIA** and for each tour booked by your club for 2026, we will donate \$25 to the Bruce Trail Conservancy.

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Happy Hikers Reward Volunteers

Submitted by Dale Skereckas



It all started a few months ago when I responded to our Hike Director Parvinder S. expressing an interest in volunteering at the annual Iroquoia Bruce Trail Club self-paced End-to-End covering 122 km over four days: hiking over 30 km each day.

In preparing for my first assignment which was to take attendance of the registered hikers, I knew I had to arrive well before the scheduled start time. To ensure this, I set the alarm, and it chimed at 5:05 A.M. I consider that a somewhat ridiculous hour to wake up on a Saturday. However, can you imagine a bus load of hikers waiting for transport to the starting point... [\[continued\]](#)

Come Hike with Us!

Whether you are looking for a challenge, or a leisurely escape into nature, our hike leaders are sure to have something that suits your needs.

Thank you to our amazing volunteer hike leaders, our [Hike Schedule](#) is always packed with a variety of hikes to choose from. All our volunteer hike leaders are trained and knowledgeable about the area. Be sure to check back often, as hikes are added all the time.

Rainbow Hikes

Rainbow Hikes are offered periodically and are open to 2SLGBTQ+ folx and allies. The BTC Pride Badge featuring the colours of the Progressive Pride Flag, is complimentary. Please visit hikes.brucetrail.org for more information. For additional pride themed hikes/events, please visit [Pride on the Bruce Trail](#).

First Day Hike and Volunteer Appreciation - Save the Date!

We are busy planning our Annual First Day Hike and Volunteer Appreciation, which will take place on January 1, 2026. Keep an eye on our social media for more details to come. We hope to have you join us on the first hike of the new year.

Bruce Trail Conservancy AGM

Bruce Trail Conservancy Members are invited to join the 2025 Annual General Meeting held virtually over Zoom on Saturday, November 1, 2025 at 10:00 am. To learn more and register, please visit brucetrail.org/annual-meeting-2025/



**Bruce Trail
CONSERVANCY**

**Join us for the
Bruce Trail Conservancy
Annual General Meeting**

**Saturday, November 1 at 10:00 AM
Held virtually over Zoom**

For more information please visit
brucetrail.org/annual-meeting-2025/

Iroquoia Bruce Trail Club Merchandise



You might have seen these on the trail already!

IBTC branded t-shirts are CORE 365 Performance T-shirts, 100% polyester, moisture wicking, UV 50+

Microfibre cooling towels are great for feeling refreshed while hiking or out for a trail run.

Keep an eye on our social media for opportunities to purchase IBTC branded merchandise at upcoming events. Your purchase helps support our fundraising efforts, which in turn support the Bruce Trail Conservancy in "Preserving a ribbon of wilderness, for everyone, forever."

Your Ad Here!

As one of the largest Bruce Trail Conservancy Clubs, we have a circulation of approximately 4000 subscribers. The eNotes newsletter is distributed quarterly by email.

Please contact Kathrin König, Communications Director at kathrinkoniga@gmail.com to secure your space in our next publication.

The Benefits of Membership

Membership has many benefits. The most important, of course, is that your membership fees will help the Bruce Trail Conservancy in their mission to "*Preserve a ribbon of wilderness, for everyone, forever.*"

Did you know that BTC Members can purchase their Conservation Halton Annual Membership at a **50% discount**? This includes access to Crawford Lake, a small lake that has created a massive stir in the global community. So much so that the Royal Ontario Museum (ROM) has recently opened an exhibit called "Crawford Lake: Layers in Time". Best part? BTC Members are also eligible for a **15% discount** on daily admissions to the ROM until the end of 2025.

To find more details on this offer, and additional benefits of a BTC Membership, please click on the link below.

BCT Member Benefits



Share your hike photos and experiences with us

We want to hear from you!

Instagram page: [iroquoiaBruceTrailClub](#) and

Facebook page: [Iroquoia Bruce Trail Club](#).

E-Mail: info@iroquoia.on.ca

Let's do our part to respect and protect nature by staying on the marked trails and leaving plants, trees and wildlife untouched for others to discover and admire. Please leave the trails, forests, meadows and wetlands as you find them.



Sign up for the Iroquoia E-notes.

Iroquoia E-notes are for members and non-members. Our E-notes are sent out by email to your inbox regularly. Signing up is easy; go to the Club webpage www.iroquoia.on.ca, scroll to the bottom and you will see where you can sign up on the left hand side.



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